



YEAR 8

Autumn Term	Spring Term	Summer Term
<p>Food for life - 16 week project to understand the nutritional needs healthy family food and the function of the ingredients used. Research and Design main meals suitable for a family Demonstrate the principals if good nutrition and an understanding of the needs of people at different life stages.</p>	<p>Produce a detailed plan with accurate timings Demonstrate a wide range of practical skills and the safe use of equipment Testing and evaluation of products created Using a range of appropriate sensory testing methods with justified evaluation.</p>	
<p>HALF TERM</p>		
<p>CONTINUED</p>	<p>CONTINUED</p>	