



The curriculum for this stage of students' education has been designed to help learners begin to understand the important role that sports leaders have in influencing those around them. The curriculum will give learners the opportunity to experience, first hand, the knowledge, understanding and practical skills required to be an effective leader in sport. Learners will be encouraged to focus on leadership styles, effective communication and personal behaviour conducive to being an effective leader both in the delivery of their own and other peoples sporting activity sessions. The curriculum for the summer term has been designed to help learners begin to understand the different issues which affect participation of different user groups in sport. Learners will appreciate strategies that can be used to engage these groups.

<p>HALF TERM 1: Unit R053: Sports Leadership Learning Aim 1:</p> <ul style="list-style-type: none"> Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership. <p>STUDENTS MUST KNOW:</p> <ul style="list-style-type: none"> Personal qualities of a leader. Leadership style. Roles and responsibilities associated with effective sports leadership. <p>HOW THIS WILL BE ASSESSED: Written piece of coursework.</p>	<p>HALF TERM 2: Unit R053: Sports Leadership Learning Aim 2:</p> <ul style="list-style-type: none"> Be able to plan sports activity sessions. <p>STUDENTS MUST KNOW:</p> <ul style="list-style-type: none"> Key considerations when planning sports activities. Safety considerations when planning sports activity sessions. <p>HOW THIS WILL BE ASSESSED: Written piece of coursework – session plan.</p>	<p>HALF TERM 3: Unit R053: Sports Leadership Learning Aim 3:</p> <ul style="list-style-type: none"> Be able to deliver sports activity sessions. <p>STUDENTS MUST KNOW:</p> <ul style="list-style-type: none"> Safe practice. Delivery styles. Communication skills. Motivation techniques. Activity specific knowledge. Adaptability. <p>HOW THIS WILL BE ASSESSED: Practically assessed – leading small groups – marked against criteria set by exam board.</p>
<p>HALF TERM 4: Unit R053: Sports Leadership Learning Aim 4:</p> <ul style="list-style-type: none"> Be able to evaluate own performance in delivering a sports activity session. <p>STUDENTS MUST KNOW: Key aspects to consider in evaluating planning and delivery of a sports activity session.</p> <ul style="list-style-type: none"> Objectives, plan, the activities, motivation, organisation, equipment, communication, positioning, safety. <p>HOW THIS WILL BE ASSESSED: Written piece of coursework.</p>	<p>HT 5: Unit R051: Contemporary issues in sport (EXAM) Learning Aim 1:</p> <ul style="list-style-type: none"> Understand the issues which affect participation in sport. <p>STUDENTS MUST KNOW:</p> <ul style="list-style-type: none"> The different user groups who participate in sport. Barriers which affect participation in sport. Solutions to barriers which affect participation in sport. <p>HOW THIS WILL BE ASSESSED: Knowledge recall in starters and plenaries. End of unit assessment (exam board questions & mark scheme) Homework tasks.</p>	<p>HT 6: Unit R051: Contemporary issues in sport (EXAM) Learning Aim 1</p> <ul style="list-style-type: none"> Understand the issues which affect participation in sport. <p>STUDENTS MUST KNOW:</p> <ul style="list-style-type: none"> Factors which impact upon the popularity of sport in the UK. Know about new and emerging sports around the world and in the UK. <p>HOW THIS WILL BE ASSESSED: Knowledge recall in starters and plenaries. End of unit assessment (exam board questions & mark scheme) Homework tasks.</p>

Embedding this knowledge can be supported at home by reviewing class notes, reading revision guide, completing set independent study tasks, watching and participating in sporting activities – understanding current issues in the sporting world.