



**14<sup>th</sup> Sunday in Ordinary**  
**Time – Year A in the Year of**  
**the ‘God who speaks to us’.**

In the Gospel today (Mtt 11:25-30) we are told that Jesus cares for those who are feeling weary/tired. He gives us an invitation to trust him and he will take on our yoke/worries. In his Incarnation, Jesus knew and experienced what it meant to feel human - those times when we are happy and those when we feel overburdened. However, Jesus says he is always willing to care for us when the yoke or our worries becomes too much.

This week let us remember that God is always with us, listening as a father to our concerns, and may we remember to be supportive to those around us who are in difficulty. May we pray for those in our lives who are finding life difficult and those who have been affected by the coronavirus.

**Prayer from Cafod**

Caring God, you are there with us in the most difficult times. Help us when we find things hard. Help us to be there for others when they are struggling. We ask this through Christ our Lord, Amen.



Cafod is asking for families to support their 'Summer of Hope'. This will involve fundraising for those who need our help worldwide. For more information or ideas to raise money for this aid organisation please click on <https://cafod.org.uk/Fundraise/School-fundraising/Summer-of-Hope>

Birmingham Diocesan Education Service Retweeted

 **RC Birmingham**  
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Please share with young people in your parish and @BhamDES school - this year's Summer Camp is going online! Join @AltonCastle\_KYT @Soli\_KYT @BirminghamCYS @Chaplaincy\_KYT for fun and laughter, praise and worship. It's free, sign up today! [buff.ly/37OTJzP](https://buff.ly/37OTJzP)



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