

Year 10

Personal Development



'Inspiring hearts and minds with Christ at the centre of all we say and do'

Created and loved by God (exploring the individual)

Created to love others (exploring the individuals relationship with others)

Created to live in a community—local, national and global (exploring the individuals relationship with the wider world)

Year 10—Autumn Term 1

<u>Title</u>	<u>Key Focus</u>	<u>Topics covered</u>	<u>PSHE Association</u>
Authentic Freedom	Pupils will learn about the objective reality of sex, and how this might impact people's decisions around relationships, including their own hopes and wishes for the future.	<ul style="list-style-type: none"> • Respectful of their own and others' bodies • Self-disciplined and discerning in their decision-making • Courageous in voicing their opinions 	R1, R2, R6, R12
Self image	Pupils will learn about different experiences of body shame, explore notions of 'dignity' and 'modesty' in relation to the body and consider that our bodies are good, as part of our unique, inseparable combination of body and soul.	<ul style="list-style-type: none"> • Respectful of their own and others' bodies • Grateful to God • Determined and resilient in the face of difficulty and challenge 	H1, H2, H3, H4
Beliefs, values and attitudes	Pupils will learn the meaning of the terms 'beliefs', 'values' and 'attitudes', how crucial they are in shaping our choices and that we should interrogate them regularly to ensure we are living the way we intend	<ul style="list-style-type: none"> • Discerning about their own beliefs, values and attitudes • Honesty, committed to living truthfully and with integrity • Courageous in voicing their own opinions 	H1, H2, H3, H4

Year 10—Autumn Term 2

<u>Title</u>	<u>Key Focus</u>	<u>Topics covered</u>	<u>PSHE Association</u>
Vaping	Pupils will consider why there has been a growth in vaping and the dangers associated with vaping.	<ul style="list-style-type: none"> • Addiction • Peer pressure • Health– dangers • Nicotine addiction • Marketing 	
Review 1	‘In modern Britain, we define somebody’s worth by their image’ Do you agree with this statement?	Students write an agree, disagree and conclude with their point of view	
Parenthood	Pupils will learn about the 1959 Declaration of the Rights of the Child and how this impacts on legal Parental Responsibility, as well as considering the emotional and practical commitment that being a parent entails.	<ul style="list-style-type: none"> • Self-giving in relationships • Loyal in developing and sustaining relationships • Appreciative of their own parents/ carers in a new way 	
Pregnancy and abortion	Pupils will learn about the stages of life in the womb, abortion methods and legality, and sex as so often being divorced from the possibility of parenthood.	<ul style="list-style-type: none"> • Determined and resilient in the face of challenging situations • Compassionate with regards to other people’s experiences • Appreciative of the wonderful and fragile gift of life 	R23, R24, R25, R26, R27

Year 10—Spring Term 1

<u>Title</u>	<u>Key Focus</u>	<u>Topics covered</u>	<u>PSHE Association</u>
What are human rights?	<p>To define what Human Rights are</p> <p>To explore how Human Rights came about and their links to Gospel values</p> <p>To evaluate how we can protect Human Rights in the modern world</p>	<ul style="list-style-type: none"> • History of human rights • Role of United nations • How human rights are protected around the world 	N/A
Exploring human rights	<p>To explore how Human Rights are protected against in the UK</p> <p>To understand the two categories of Human Rights</p> <p>To evaluate some of the issues that arise when Human Rights come into conflict</p>	<ul style="list-style-type: none"> • Absolute rights and non absolute rights • Human rights and equality act • Role of amnesty international 	N/A
Abuse	<p>Pupils will learn about the four main types of abuse, how to look out for danger signs, resist pressure, access support and know that abuse is never the victim's fault.</p>	<ul style="list-style-type: none"> • Compassion for victims • Understanding of how a relationship might change subtly • . Respectful of their own dignity and value 	R28, R31, R32

Year 10—Spring Term 2

<u>Title</u>	<u>Key Focus</u>	<u>Topics covered</u>	<u>PSHE Association</u>
Honour based violence	<p>To define the term honour and dishonour</p> <p>To explore honour-based violence and the different forms it can take</p> <p>To evaluate the best way to tackle honour based violence and promote the equality of women in society</p>	<ul style="list-style-type: none"> • How honour can be used negatively • Why HBV happens • Links between human rights and CST (dignity) in relation to HBV 	R5, R9, R10 , R17 , R33
Forced marriage	<p>To understand the terms; Forced marriage and child brides</p> <p>To explore recent statistics related to forced marriages in the UK and Commonwealth countries</p> <p>To evaluate the effectiveness and role of the Forced Marriage Unit</p>	<ul style="list-style-type: none"> • Stories of FM and CB and how these are current • Signs of FM • How FM and CB go against CST and Gospel values 	R5, R9, R10 , R17, R33
Modern day slavery	<p>To define the term 'Modern Day Slavery'</p> <p>To examine human trafficking to the UK and evaluate the governments response</p> <p>To evaluate the best way to tackle modern day slavery in the UK and abroad</p>	<ul style="list-style-type: none"> • Warning signs of modern day slavery • How Modern day slavery goes against teachings of the church • Work of Bakhitas house across the world 	R5, H23

Year 10—Summer Term 1

Title	Key Focus	Topics covered	PSHE Association
Solidarity	Pupils will learn with compassion about FGM, human trafficking, honour-based violence and about Pope Francis' concept of 'an integral ecology'. Pupils will learn that how acting on their beliefs, values and attitudes will influence the world around them, for good or bad	<ul style="list-style-type: none"> • Compassion for the poor, marginalised and oppressed • Just and understanding about the impact of their actions locally, nationally and globally • Self-giving, able to consider the more urgent needs of others above their own 	R33
Employment rights	<p>To identify a variety of employment rights and responsibilities in the UK</p> <p>To understand different issues related to employee rights</p> <p>To explore the gender pay gap in society</p>	<ul style="list-style-type: none"> • The employment rights in place in the UK • An understanding of how employment rights are commonly breached in the UK • Reasons behind the gender pay gap and efforts made to close the gap 	L13, L14, L15
Exploring a pay cheque	<p>To understand what the common features of a payslip are</p> <p>To be able to work out using calculations Gross Pay and Net Pay on a payslip</p> <p>To evaluate the importance of paying tax and NI contributions</p>	<ul style="list-style-type: none"> • Understanding what gross and net figures are • Recognising the importance of a pay cheque as document • Understanding what deductions are and how they are calculated 	L16 L17, L18

Year 10—Summer Term 2

<u>Title</u>	<u>Key Focus</u>	<u>Topics covered</u>	<u>PSHE Association</u>
Cinema in education (babies)	Babies covers a wide range of themes dealing with teenage pregnancy, abortion, parenthood, relationships, marriage, family life, love and responsibility. It enables young people to understand delicate issues with their hearts and minds	<ul style="list-style-type: none"> • Why people believe that the unborn child should be protected • Why people choose to save sex for marriage; • What options are available someone when facing an unexpected pregnancy; • What support is available after having an abortion or after having a baby 	R24, R25, R26, R27
Cinema in education (responding to an unplanned pregnancy)	This follow up lesson to the cinema-in-education session, “Babies”, helps students to expand their knowledge of how to respond to an unexpected pregnancy and to deepen their understanding about the importance of protecting life before birth. The lesson should be used soon after the screening of the film, “Babies”.	<ul style="list-style-type: none"> • To can explain why it is important to protect life before birth. • To describe how best to respond to someone facing an unexpected pregnancy 	R24, R25, R26, R27
Cinema in education (safe sex or save sex?)	To learn facts, and expose some myths, about “safe sex”. To understand why some people choose to “save sex” for marriage.	<ul style="list-style-type: none"> • To know that engaging in sexual intercourse leads to the possibility of pregnancy, no matter what precautions are in place. • To can describe some of the reasons why people choose to save sex for marriage. 	R9, R10, R11